

MEASURING TIPS TO ASSURE THE BEST FIT

SLEEVE: With arm bent and hand on hip, place tape measure at the base (Centre Back/CB) of your neck and follow along the top shoulder and arm to the wrist.

CHEST: With arms at sides, place tape measure under your arms and run it around the fullest part of the chest and across the shoulder blades.

WAIST: Find the natural crease of your waist by bending to one side. Run tape measure around your natural waistline, keeping one finger between the tape and your body for a comfortable fit.

HIPS: With feet together, run tape measure around the fullest part of your hips/seat, about 7 to 8 inches below your waistline.

INSEAM: For full-length pants, run tape measure along the inside of your leg, from just below the crotch, to about 1 inch below the ankle.

MEN'S GENERAL SIZING GUIDE / GUIDE DE TAILLE GÉNÉRALE POUR HOMMES

	XS	S	M	L	XL	2XL	3XL
Chest / Buste	30" - 32"	34" - 36"	38" - 40"	42" - 44"	46" - 48"	50" - 52"	54" - 55"
Waist / Taille	26" - 29"	29" - 32"	32" - 35"	35" - 38"	38" - 41"	41" - 44"	44" - 47"
Sleeve Length-CB / Manches - CDD	31" - 32"	32" - 33.5"	34" - 35"	35" - 36"	36" - 37"	37" - 38"	38" - 39"
Sleeve Length-CB TALL / Longueur de manches - grande taille - CDD				37" - 37.5"	38" - 38.5"	39" - 39.5"	40" - 40.5"

LADIES' GENERAL SIZING GUIDE / GUIDE DE TAILLE GÉNÉRALE POUR FEMME

	XS	S	M	L	XL	2XL	3XL
Numeric Size / Taille numérique	2	4-6	8-10	12-14	16	18-20	22
Bust / Buste	32" - 34"	35" - 36"	37" - 38"	39" - 41"	42" - 44"	45" - 47"	48" - 51"
Waist / Taille	24" - 25"	26" - 27"	28" - 30"	30" - 32"	33" - 35"	36" - 38"	40" - 42"
Hip / Hanches	33" - 35"	35" - 37"	37" - 39"	39" - 41"	42" - 44"	45" - 47"	48" - 50"
Sleeve Length-CB / Manches - CDD	30" - 30.5"	30.5" - 31"	31.5" - 32"	32.5" - 33"	33.5" - 34"	34" - 34.5"	34.5" - 35"

YOUTH GENERAL SIZING GUIDE / GUIDE DE TAILLE GÉNÉRALE POUR JEUNES

	XS	S	M	L	XL
Numeric Size / Taille numérique	2-4	6-8	10-12	14-16	18-20
Chest / Buste	24" - 26"	26" - 28"	28" - 30"	30" - 32"	32" - 35"
Waist / Taille	22.5" - 23.5"	23" - 24.5"	24.5" - 25.5"	25.5" - 27"	27" - 29"
Sleeve Length-CB / Manches - CDD	24" - 25"	25" - 26"	26" - 27.5"	27.5" - 29"	29.5" - 31"



Please note: This information is intended for use as a general guideline. Sizing and fit may vary somewhat by brand. All measurements are in inches.